

„Salutogenetic aspects in osteopathic diagnostics“

The salutogenetic concept has been widely discussed in health sciences as well as in the osteopathic field. Although the core principles of the salutogenetic concept seem to fit very well into osteopathic philosophy, they have been mainly applied to treatment and not to the diagnostic process which still remains largely oriented toward a pathogenetic approach like in most other classical medical methods.

In order to streamline osteopathic diagnosis and treatment their underlying philosophical and educational approach should ideally be based on the same principles.

By incorporating salutogenetic aspects such as „continuum of health“, „sense of coherence“ and „health and resistance resources“ in the osteopathic diagnostic process the specific findings in the evaluation can be matched with the patient's biographic data, available supporting health resources as well as the patient's goals and motivation.

This information might be very helpful and instrumental for students in developing a comprehensive treatment plan and choosing the appropriate measures for the osteopathic care of the patient.

This presentation will demonstrate how the salutogenetic concept can be implemented in osteopathic diagnostics and how the results can influence therapeutic procedures in osteopathy. It can be offered as a short presentation (10-20 Min) and/or as a short workshop (90 Min).

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Andreas is a founding member of the German naturopathic osteopathic association „hpO“ and works as a consultant for this association in the field of health and communication sciences, especially salutogenesis and salutogenetic communication, education for pedagogics and didactics and qualitative research for complimentary and alternative medicine.

In addition Andreas is co-publisher of the German osteopathic magazine „Osteopathische Medizin“ by Elsevier.