



TEACHING AND ASSESSING COMPETENCIES IN OSTEOPATHY

- *Reflexion around the soft skills* -

Anne-Sophie Heissat D.O, Jean Boyer
D.O.

MANUAL THERAPISTS ARE SOFT SKILLS

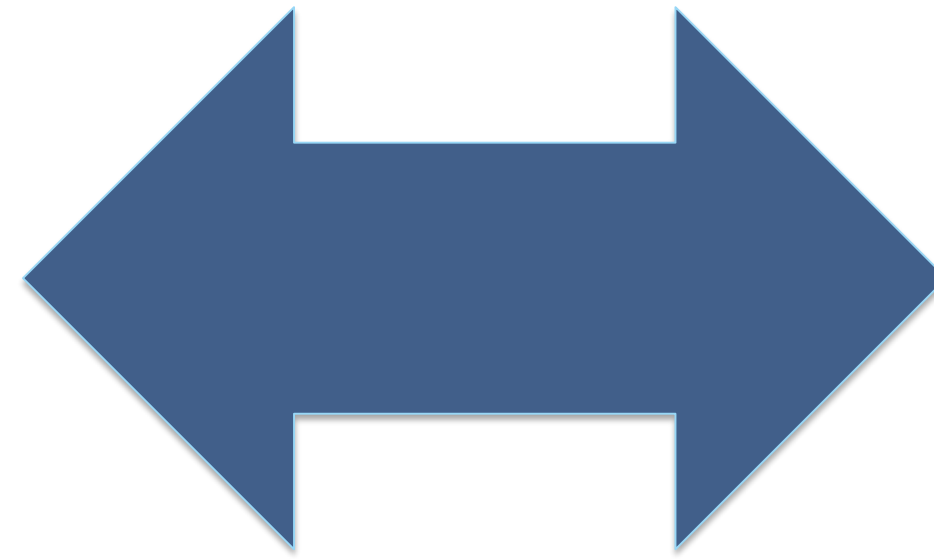


ABOUT SOFT SKILLS...



Personality

Attitude



Formal and technical
knowledge

Behavior

(Moss and Tilly 2001)

HARD SKILLS VS SOFT SKILLS



Challenge for the osteopath : balancing hard skills and soft skills

Challenge for the teacher :

- We know how to teach and assess hard skills
- Do we know how to teach and assess soft skills ?

$$IQ + EQ = \text{Success}$$

SOFT SKILLS THROUGH THE BIOPSYCHOSOCIAL MODEL



APPEARANCE

Bio

- Dynamism
- Good communication and expression
- Body language

WAY OF MIND

Psycho

- Positive attitude
- Self confidence
 - Flexibility
- Problem managing skills

INTERACTION

WITH THE PATIENT

Social

- Empathy
- Intention to treat
- Good listening
- Building a PPR based on mutual trust through an osteopathic manipulative treatment

WORKSHOP



2 reflexion groups / 20 minutes :

- ✓ **How can soft skills be teached during osteopathic studies, step by step ?**
- ✓ **How can soft skills be evaluated during osteopathic studies, step by step ?**



TEACHING THE SOFT SKILLS

Teaching what ?

➤ **First cycle**

- ✓ « Evidence of me »
- ✓ Understanding the patient
- ✓ Feeling the patient/practitioner relationship

TEACHING THE SOFT SKILLS



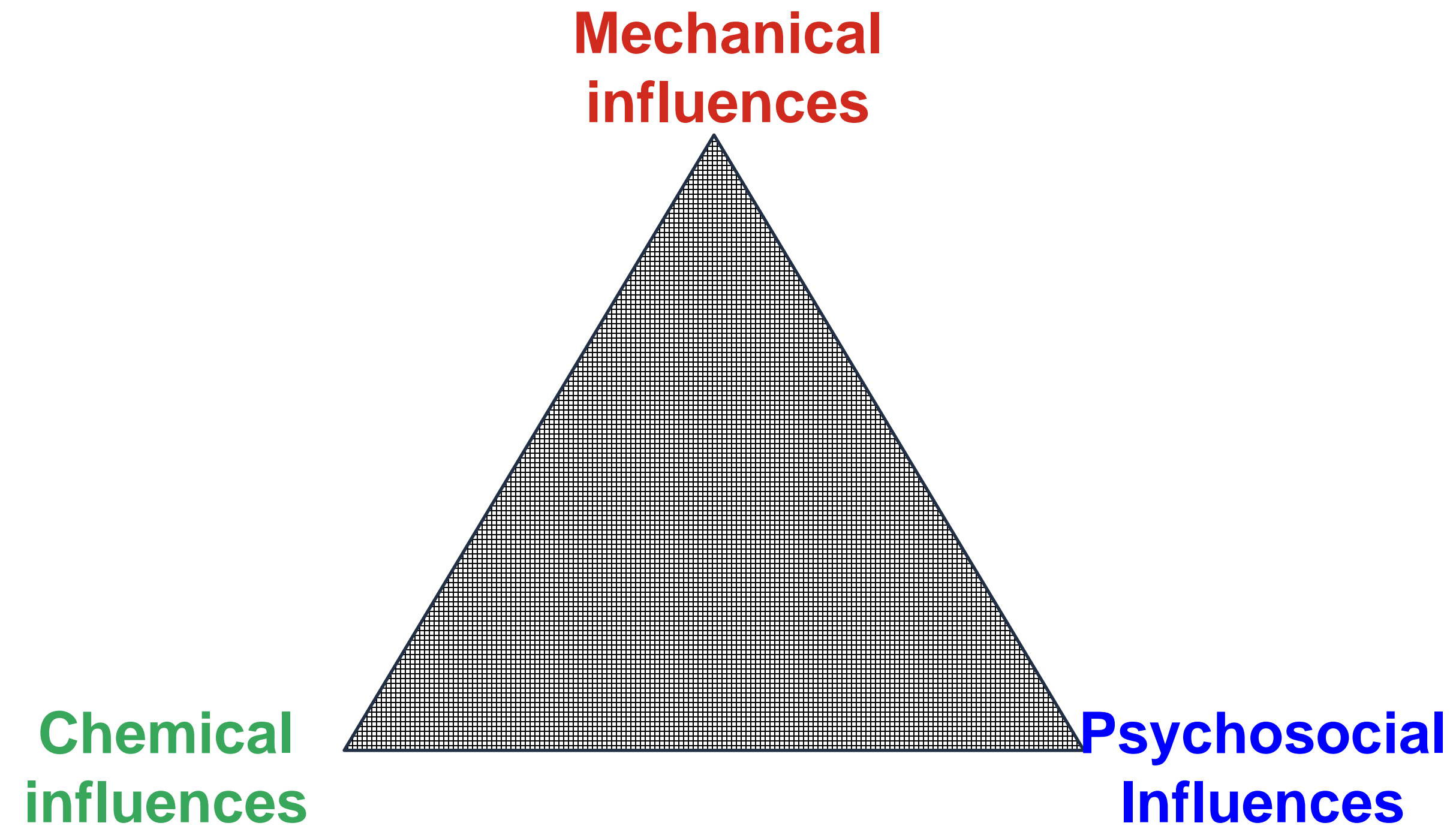
Teaching what ?

➤ **Second cycle**

- ✓ Verbalisation
 - Managing the patient complain
 - Formulate osteopathic principles to explain capacities of improvement
- ✓ Being affirmed as an health practitioner
- ✓ Adaptating care to the patient in his own BPS model

TRIANGLE AS A TOOL

Bio-psycho-chemical





TEACHING THE SOFT SKILLS

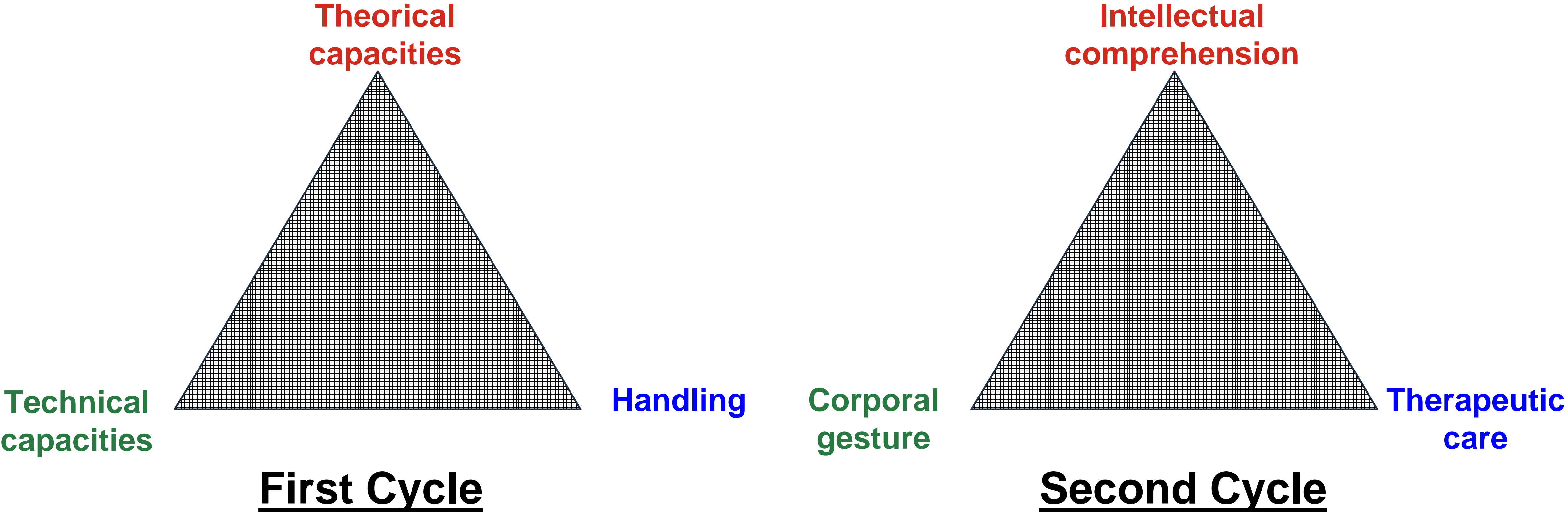
Teaching how ?

Teaching through the soft skills

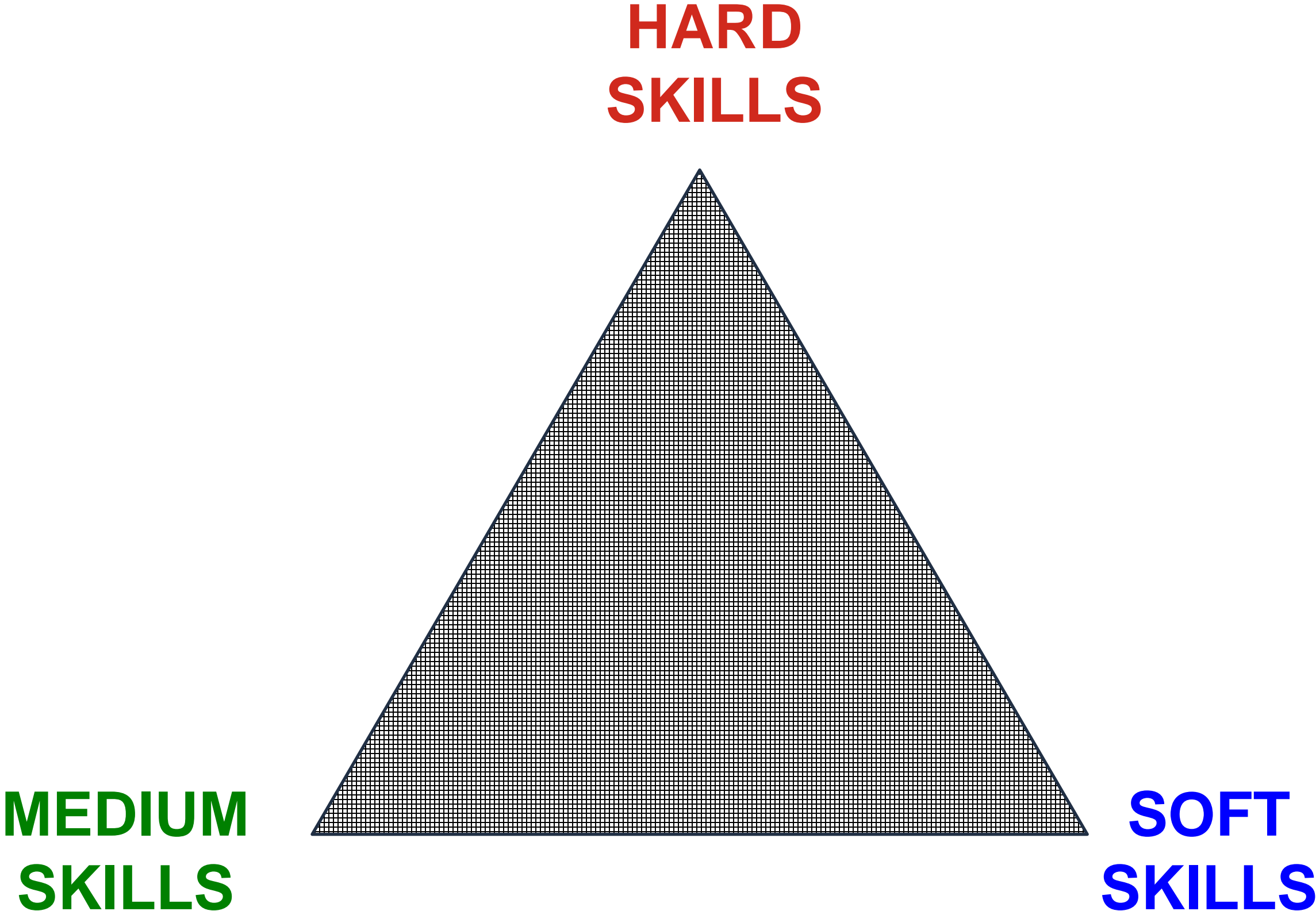
- ✓ Student confidence in the teacher
- ✓ Teacher confidence in himself
- ✓ Empathy supporting student teacher relationship (partnership)

ASSESSING THE SOFT SKILLS

Same triangle as a tool of assessment



ASSESSING THE SOFT SKILLS



REFERENCES



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THANK YOU FOR YOUR ATTENTION