TEACHING AND ASSESSING COMPETENCIES IN OSTEOPATHY

- Reflexion around the soft skills -

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MANUAL THERAPISTS ARE SOFT SKILLS
ABOUT SOFT SKILLS...

Personality

Formal and technical knowledge

Attitude

Behavior

(Moss and Tilly 2001)
HARD SKILLS VS SOFT SKILLS

Challenge for the osteopath: balancing hard skills and soft skills

Challenge for the teacher:
- We know how to teach and assess hard skills
- Do we know how to teach and assess soft skills?
SOFT SKILLS THROUGH THE BIOPSYCHOSOCIAL MODEL

**APPEARANCE**

**Bio**
- Dynamism
- Good communication and expression
- Body language

**WAY OF MIND**

**Psycho**
- Positive attitude
- Self confidence
  - Flexibility
- Problem managing skills

**INTERACTION**

**WITH THE PATIENT**

**Social**
- Empathy
- Intention to treat
- Good listening
- Building a PPR based on mutual trust through an osteopathic manipulative treatment
WORKSHOP

2 reflexion groups / 20 minutes :

✓ How can soft skills be taught during osteopathic studies, step by step?

✓ How can soft skills be evaluated during osteopathic studies, step by step?
TEACHING THE SOFT SKILLS

Teaching what?

➢ First cycle

 ✓ « Evidence of me »

 ✓ Understanding the patient

 ✓ Feeling the patient/practitioner relationship
TEACHING THE SOFT SKILLS

Teaching what?

- Second cycle
  - Verbalisation
    - Managing the patient complain
    - Formulate osteopathic principles to explain capacities of improvement
  - Being affirmed as an health practitioner
  - Adaptating care to the patient in his own BPS model
TRIANGLE AS A TOOL

*Bio-psycho-chimical*

Mechanical influences

Chemical influences

Psychosocial Influences

(Jones 2014)
TEACHING THE SOFT SKILLS

Teaching how?

Teaching through the soft skills

- Student confidence in the teacher
- Teacher confidence in himself
- Empathy supporting student teacher relationship (partnership)
ASSESSING THE SOFT SKILLS

Same triangle as a tool of assessment

First Cycle

Theoretical capacities
Handling
Technical capacities

Second Cycle

Intellectual comprehension
Corporal gesture
Therapeutic care
ASSESSING THE SOFT SKILLS
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THANK YOU FOR YOUR ATTENTION