TEACHING THE SOFT SKILLS

“How to fit osteopathy in a medical education directives framework?”

OsEAN open forum Vienna
21 & 22/04/2016
OVERVIEW

Motivation
Intro & scope
Aim
CanMEDS
Osteopathy POV
Summary

OsEAN open forum Vienna
21 & 22/04/2016
jory.pauwels@fico.be
MOTIVATION

• Regulation & EBM society
• How to forge osteopathy in an EBM framework?
• “How to fit osteopathy in a medical education directives framework?”
OVERVIEW

Motivation
Intro & scope
Aim
CanMEDS
Osteopathy POV
Summary
INTRO & SCOPE

• Intro: Canadian Medical Education Directives for Specialists (CanMEDS):
  • Framework
    • guide to the essential abilities physicians
    • need for optimal patient outcomes
    • an initiative to improve patient care
    • defines the competencies needed for medical education & practice
    • core competencies organized around 7 key physician roles

• Scope lecture: the 7 roles & each role in an optimal osteopathic perspective
  • in theory (knowledge) also
  • practical solutions (skills & attitude)
OVERVIEW

Motivation
Intro & scope
Aim
CanMEDS
Osteopathy POV
Summary

OsEAN open forum Vienna
21&22/04/2016

jory.pauwels@fico.be
• The aim of this lecture is to:
  • provide the participant with a powerful tool to improve
    • you self (as a practitioner) &
    • the patient (care)
• ‘Discere mutari est’, to learn is to change
• Lecture touches the forum topics:
  • Osteopath-patient communication
  • Professionalism and ethics
  • Self-regulation and self-care
  • Patient-care according to the WHO-definition of health
  • Competencies (CanMEDS and other systems)
OVERVIEW

Motivation
Intro & scope
Aim
CanMEDS
Osteopathy POV
Summary

OsEAN open forum Vienna
21&22/04/2016

jory.pauwels@fico.be
CANMEDS

7 key roles

Competences

Key competences

Enabling competences

Life begins at the end of your comfort zone
1. Medical Expert
2. Communicator
3. Collaborator
4. Manager
5. Health Advocate
6. Scholar
7. Professional
COMPETENCY BASED

"Competencies" are important observable
- knowledge, skills & attitudes.

Organized around the physician Roles
- Seven Roles have been clarified and defined by Key competencies
- Key competency further outlined into multiple Enabling competencies
- Enabling competencies specify:
  - Behaviors, Skills & Attitudes
CORE & PARTIAL COMPETENCES

• **Medical expert**
  • **Generically treatment skills**
    • Diagnose
    • Treatment
    • Advise
    • Evaluation
      • Look for health, anyone can find disease: Working hypothesis
      • Treat the patient, not the disease
      • Find it, fix it and don’t leave it alone (eg. nutrition, posture)
      • Continuous proces: PDCA-model (plan-do-check-act) Panta rhei (nothing stays the same)

• **Clinical treatment skills**
  • Investigate
  • Manipulate
  • Mobilize
  • Muscle Energy Techniques (MET)
  • Spontaneous Release Techniques (SRT) / Jones
  • Drainages
  • Cranio-sacral techniques
  • Fasciale techniques
  • ...
  • We don’t do different things, we do things different
CORE & PARTIAL COMPETENCES

• Communicator
  • RELATIONal component
  • ANAMNESIS
  • REPORT (peers & non-peers)

• Therapist patient relation (TPR)
• Osteoempathy
• Terminology
CORE & PARTIAL COMPETENCES

• Collaborator
  • COLLABORATION WITH OTHER HEALTHCARE PROVIDERS
  • MULTI DISCIPLINAR TEAM PLAYER
  • REFERS

• The body is a unit
• Inner physician
• Know what to treat and more important know what to treat not
CORE & PARTIAL COMPETENCES 4

- **Scolar**
  - POST GRADUATE TRAINING
  - CONTRIBUTION PROFESSION
  - CRITICAL & OBJECTIVE INTERPRETATION of info

- Dig on
- EBM
- Structure, function & evolution
CORE & PARTIAL COMPETENCES

• **Health advocate**
  • KEEP POSTED on society evolution
  • PUBLIC HEALTH

• Osteosophy
• Improve function (S-F-E)
CORE & PARTIAL COMPETENCES

- Manager
- MANAGEMENT principles applied
- Patient INFORMATION

- Communication with the tissues
- Inform the patients on the way of thinking: who heals the patient?
CORE & PARTIAL COMPETENCES

- **Professional**
  - **INTEGRITY** and **CONCERNED**
  - **ETHICS**
  - **PROFESSION** demands

- **Osteoempathy**
SUMMARY

- Which CanMEDS role is the most important?
  - The body (human organism) is a unit
  - ‘It depends’
  - Osteosphy
TIME FOR THE WORKSHOP

THANK YOU FOR YOUR ATTENTION!
ANY QUESTIONS?