

ATHLETIC PUBALGIA: SYSTEMATIC REVIEW AIMED AT OSTEOPATHIC TREATMENT

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Pubalgia is a term often used for the diagnosis of a wide spectrum of pathologies with symptoms localized in the pubic and inguinal area. This study aims to analyze the state of the art of scientific literature on PubMed using the keywords "pubalgia" and "groin injuries". Articles no older than 20 years were analyzed, with at least 5 case studies and relating exclusively to the sports population. On the basis of the evidence concerning diagnosis (anamnesis, imaging, differential diagnosis) and treatment (surgical, instrumental therapy), we want to research the fundamental aspects on which an osteopathic treatment could act to be considered a valid therapy for athletic pubalgia.