

# TEACHING THE SOFT SKILLS

“How to fit osteopathy in a medical education directives framework?”

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# OVERVIEW



# MOTIVATION

- Regulation & EBM society
- How to forge osteopathy in an EBM framework?
- “How to fit osteopathy in a medical education directives framework?”



# OVERVIEW



# INTRO & SCOPE

- Intro: Canadian Medical Education Directives for Specialists (CanMEDS):
  - **Framework**
    - guide to the essential abilities physicians
    - need for optimal patient outcomes
    - an initiative to improve patient care
    - defines the **competencies** needed for medical education & practice
    - core competencies organized around **7 key** physician **roles**
- Scope lecture: the 7 roles & each role in an optimal **osteopathic perspective**
  - in theory (knowledge) also
  - practical solutions (skills & attitude)



# OVERVIEW



- The aim of this lecture is to:
  - provide the participant with a powerful **tool to improve**
    - you self (as a practitioner) &
    - the patient (care)
- 'Discere mutari est', to learn is to change
- Lecture touches the forum topics:
  - Osteopath-patient communication
  - Professionalism and ethics
  - Self-regulation and self-care
  - Patient-care according to the WHO-definition of health
  - Competencies (CanMEDS and other systems)



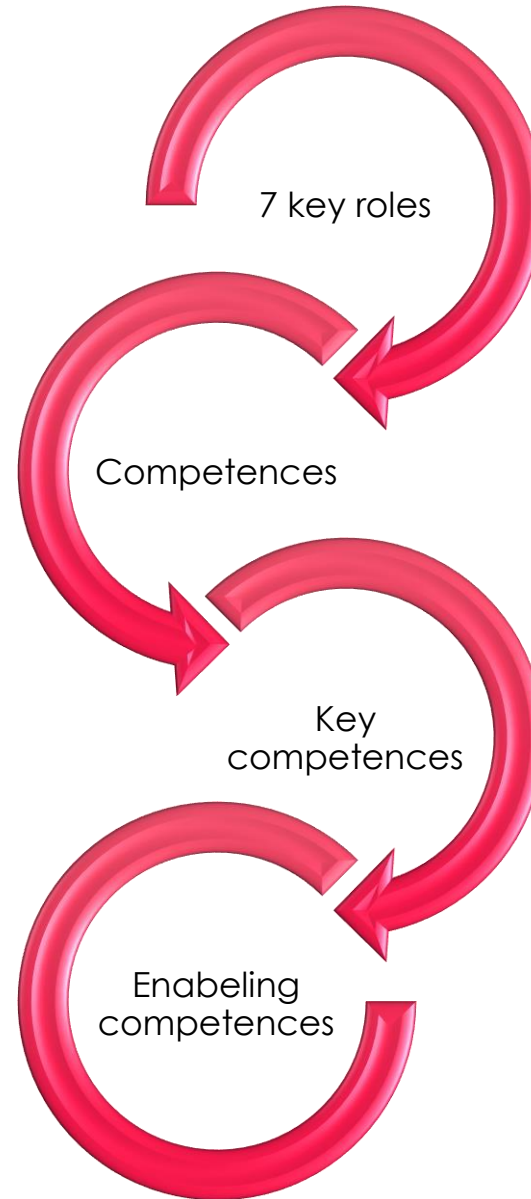
**Learn to change  
Change to learn**

# OVERVIEW



# CANMEDS

LIFE  
BEGINS  
AT THE  
END OF  
YOUR  
COMFORT  
ZONE



# 7 KEY ROLES

1. Medical Expert
2. Communicator
3. Collaborator
4. Manager
5. Health Advocate
6. Scholar
7. Professional

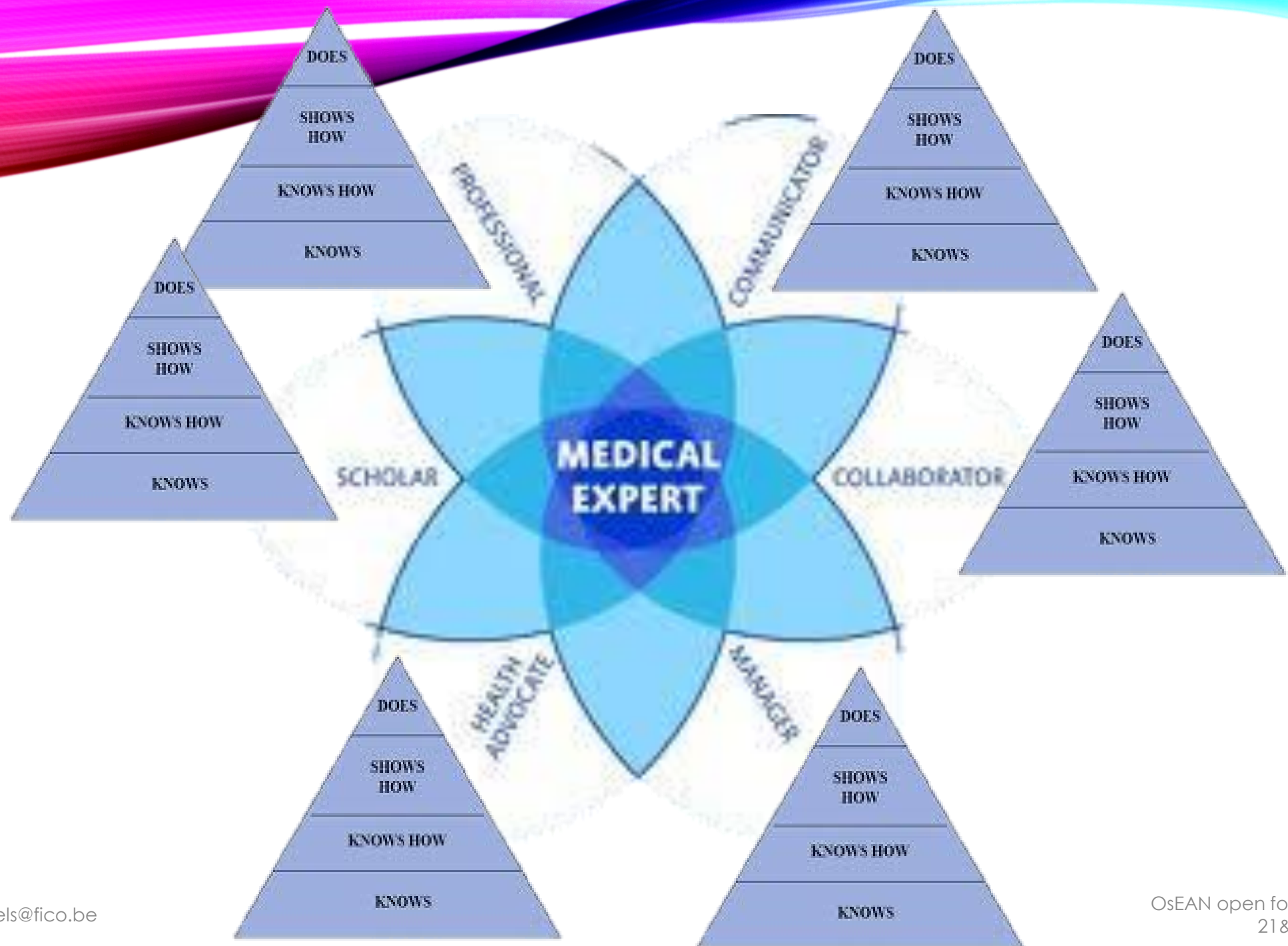


THE  
**CANMEDS**  
ROLES FRAMEWORK  
CANMEDS  
LIFE

# COMPETENCY BASED

- "**Competencies**" are important observable
  - **knowledge, skills & attitudes.**
- Organized around the physician Roles
  - **Seven Roles** have been clarified and **defined by Key competencies**
- Key competency **further outlined into** multiple **Enabling competencies**
- Enabling competencies specify:
  - **BEHAVIORS, SKILLS & ATTITUDES**





# CORE & PARTIAL COMPETENCES 1

- **Medical expert**

- **Generically treatment skills**

- Diagnose
    - Treatment
    - Advise
    - Evaluation
    - Look for health, anyone can find disease: Working hypothesis
    - Treat the patient, not the disease
    - Find it, fix it and don't leave it alone (eg. nutrition, posture)
    - Continuous proces: PDCA-model (plan-do-check-act) Panta rhei (nothing stays the same)

- **Clinical treatment skills**

- Investigate
  - Manipulate
  - Mobilize
  - Muscle Energy Techniques (MET)
  - Spontaneous Release Techniques (SRT) / Jones
  - Drainages
  - Cranio-sacral techniques
  - Fasciale techniques
  - ...
  - We don't do different things, we do things different

# CORE & PARTIAL COMPETENCES 2

- **Communicator**

- **RELATIO**nal component
- **ANAMNESIS**
- **REPORT** (peers & non-peers)
- Therapist patient relation (TPR)
- Osteo**e**mpathy
- Terminology

# CORE & PARTIAL COMPETENCES 3

- **Collaborator**

- **COLLABORATION WITH OTHER HEALTHCARE PROVIDERS**
- **MULTI DISCIPLINAR TEAM PLAYER**
- **REFERS**

- The body is a unit
- Inner physician
- Know what to treat and more important know what to treat not

# CORE & PARTIAL COMPETENCES 4

- **Scolar**

- **POST GRADUATE TRAINING**
- **CONTRIBUTION PROFESSION**
- **CRITICAL & OBJECTIVE INTERPRETATION** of info

- Dig on
- EBM
- Structure, function & evolution



# CORE & PARTIAL COMPETENCES 5

- **Health advocate**
  - **KEEP POSTED** on society evolution
  - **PUBLIC HEALTH**
  - Osteosophy
  - Improve function (S-F-E)



**HealthAdvocate**  
Always at your side

# CORE & PARTIAL COMPETENCES 6

- **Manager**
- **MANAGEMENT** principles applied
- Patient **INFO**rmation
- Communication with the tissues
- Inform the patients on the way of thinking: who heals the patient?

# CORE & PARTIAL COMPETENCES 7

- **Professional**
  - **INTEGRITY** and **CONCERNED**
  - **ETHICS**
  - **PROFESSION** demands
- Osteo**em**pathy

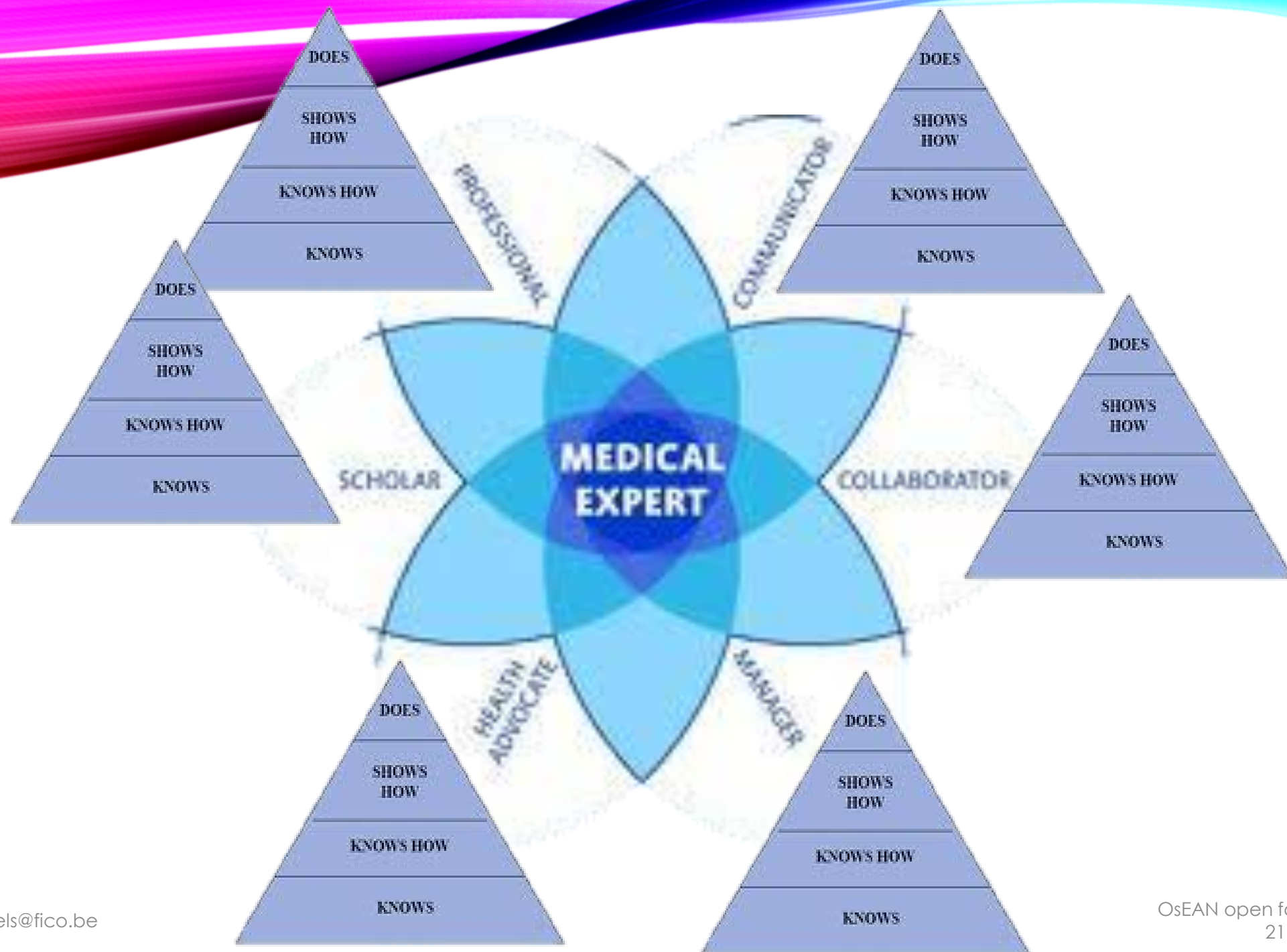
# OVERVIEW



# SUMMARY

- Which CanMEDS role is the most important?
  - The body (human organism) is a unit
  - 'It depends'
  - Osteosophy





# TIME FOR THE WORKSHOP

