

MOMO: an instructional tool for facilitating osteopathic models operationalization.

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Osteopathic Medicine Models (OMM), understood as a theoretical framework developed from the principles of osteopathy (Castagna et al. 2021), are a recurring element in osteopathic education, but with a lack of consensus regarding their application in professional clinical practice (Bettelli et Al. 2020).

The author's experience of 15 years of teaching OMMs confirms this mismatch and identifies the main resistance on the part of students (and therefore of professionals) in their application in the clinical uncertainty resulting from the difficulty of applying theory to practice (cit) of their daily clinical activity.

This resistance can be mitigated through repeated and varied practice, which however takes into account the limits of feasibility.

MOMO (Models of Osteopathic Medicine Operationalization) was born as a tool to support clinical and reflective reasoning with the aim of facilitating the use of osteopathic medicine models as a reference framework for clinical reasoning.

It is organized as a card deck (physical and/or virtual) therefore has a very flexible use and can be applied to theoretical and clinical lessons, active learning workshops, independent study and requires limited resources.

Different categories of cards provide a structure in which to organize data, clinical conditions to promote systemic clinical reasoning which, through the OMM framework, allows us to evaluate the patient's adaptiveness and guide osteopathic treatment strategies. Other cards act as a reminder of proper diagnostic thinking.

It's a simple instrument that can be used to facilitate active learning, foster systemic and clinical reasoning and can contribute to the foundations of shared consensus between different educational and professional osteopathic realities.

References

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